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## Meet our new Music Therapist Kylie

Music Therapy Week 2015 (June 22-28) is a week dedicated to raising awareness about how music therapy can improve the lives of people of any age who find it difficult to communicate verbally, due to a physical or cognitive disability, emotional distress or mental illness.

Kylie Richardson joined **ellenor** last month as Music Therapist, part of our [Patient and Family Support Team](#).

### **What made you want to become a music therapist?**

I undertook a Music Therapy module when I was studying for Music and

Drama degree at University. It inspired me to use music in a way that would help people.

### **What instruments do you play?**

My main instrument is the saxophone but I also play the piano and love to sing.

### **Tell us a bit more about music therapy**

Music Therapy works on the basis that every person is musical, regardless of disability or musical ability. Using the emotional nature and power of music, a therapist will be able to form a musical relationship with a person, helping to explore any difficulties they may be facing. This is possible with people of all ages, from babies to the elderly.

### **What appealed you to working for ellenor?**

I am very passionate about Music Therapy and it meant a lot to me to be able to work with people of all ages and their families in a positive way at a time that might be very difficult for them, through either individual therapy or group work.

As a charity, not part of the NHS, **ellenor** is reliant on the generosity of the local community to be able to provide [music therapy](#) to patients - [help us](#) to raise vital funds.

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We are **ellenor**, a charity funded by the generosity of our local community, offering the best care and support to families facing terminal illness in Kent. We are the **only** charity in the county that provides hospice care for people of all ages – babies, children and adults - and their families. This includes pain and symptom relief, end of life care, respite, bereavement support and emotional and spiritual care.

Our Children's Hospice Care, formerly known as chYps, is provided in the comfort of the family home and spans across North and West Kent and the London Borough of Bexley. Adults living in Gravesham, Dartford and Swanley,

receive care in their place of choice, including their own homes, at our Hospice in Gravesend and in local care homes.

## Contacts



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